

PARENTS, COME JOIN US FOR

FREE

Nutrition Classes

2018/2019

**BUY EAT LIVE
HEALTHY**

in partnership with



Offered Thursday mornings from 10:00am to 12:00pm

November start: 11/15/18 end: 1/31/19

February start: 2/7/19 end: 4/4/19

April start: 4/11/19 end: 6/6/19

June start: 6/13/19 end: 8/15/19

August start: 8/22/19 end: 10/17/19

*Certain requirements
apply.*



WE CAN HELP YOU:

- **Save money** – shop and waste less food
- **Save time** – at the store and in the kitchen
- **Help picky eaters** – try new foods
- Learn to **make easy** and **low-cost meals**

SIGN UP NOW!

To register contact:

Pregnancy Resources

2706 W Central Park Avenue
Davenport, IA 52804
563-386-3737

For more information contact:

Suzanne Tanner

641-740-7391 stanner@iastate.edu



*Receive a gift at each
lesson!*